



## BREAKFAST

**Eggs on Toast** 35  
two eggs (fried, scrambled or poached), on your choice of white or brown toast.

**French Toast** 39  
french toast with maple syrup.

with cheese & bacon 69

**3 egg Omelette** 49  
a light & fluffy three egg omelette with freshly chopped herbs & your choice of filling

tomato 15

cheddar / mozzarella 19

peppers 19

mushrooms 29

bacon 29

ham 29

**Sailor' s Breakfast** 45  
two eggs (fried, scrambled or poached), bacon & grilled tomato with your choice of white or brown toast

**Bacon & Egg Roll** 55

**Avo on Toast** 65  
sliced avocado & cream cheese on your choice of white or brown toast  
with a poached egg 75

**Classic Breakfast** 69  
two eggs, crispy bacon, grilled tomato and toast with your choice of coffee or tea

**Health Breakfast** 69  
layered muesli, plain yoghurt, fresh fruit salad & berry coulis.

**Ribs & UVegg'n Buttie** 89  
smokey 'bbq ribs' & 'scrambled eggs' on a fresh sesame seed bun.



**Full house omelette** 95  
bacon, cheddar cheese, spring onions, mushrooms & tomatoes with your choice of white or brown toast.

**Vegetarian Breakfast** 95  
2 eggs, grilled tomato, mushrooms, avocado, baked beans with your choice of white/brown bread

**Eggs Benedict**  
2 poached eggs on toasted English Muffins with hollandaise sauce.

ham 99

bacon 109

salmon 125

**Captain' s Breakfast** 115  
2 eggs, bacon, pan-fried tomatoes, sautéed mushrooms, beef chipolata & chips with your choice of white or brown toast.

**Farmer's Breakfast** 119  
smokey 'bbq ribs', 'scrambled eggs', 'boerewors', grilled mushroom, hash brown, grilled tomato & sweet potato fries.



**Full Breakfast** 125  
2 eggs, bacon, pan-fried tomatoes, sautéed mushrooms, baked beans, beef chipolata & chips with your choice of white or brown toast.





BREAKFAST

BELGIAN WAFFLES

drizzled with maple syrup with cream  
Please select your topping:  
classic  
caramelised banana  
baked apple and cinnamon  
mixed summer berries  
smores (baked marshmallows)

59  
69  
69  
69  
69

FREEZOS

Coffee Frappe  
coffee frappe, milk & ice.

49

Coffee Frappe Milklab  
coffee, almond milk & ice.

49

Mocha  
coffee frappe, almond milk, hot chocolate & ice.

55

MILKSHAKES

Strawberry / Chocolate / Lime / Bubblegum / Vanilla / Banana

49

GOURMET SHAKES

Strawberry Delight

strawberry blended vanilla ice cream topped with marshmallows.

65

Frozen Berries

seasonal berries blended with vanilla ice cream.

65

Peanut Butter & Banana (contains nuts)

peanut butter & banana blended with vanilla ice cream

65

Salted Caramel & Popcorn

salted caramel blended with vanilla ice cream topped with caramel popcorn.

65

Peppermint & Chocolate

chocolate blended vanilla ice cream with peppermint crisp.

65

SMOOTHIES (yoghurt included)

Tropical Smoothie

a fruity zesty smoothie - just what the doctor ordered

75

Chocolate Almond Smoothie

dark chocolate blended with almond milk, banana, spinach & mix berries

85

Mixed Berries Smoothie

red berry & strawberry purée blended with ice, plain yoghurt & fresh cranberry juice

95