

# marrow

## menu

CUP 30

CLEAR

BOWL 85

pure bone broth  
soy sauce



free-range roasted chicken  
preserve lemon rind  
spicy heirloom carrots  
broccoli  
turnip  
japanese omelette

CUP 30

WHITE

BOWL 85

vegetable broth  
coconut milk  
lemongrass  
smoked miso



roasted eggplant  
potato  
turnip strips  
mushrooms  
lemongrass oil

CUP 30

GREEN

BOWL 95

fish broth  
broccoli  
seaweed  
dashi



steamed line fish  
black mussels  
patagonia squid  
pickled leeks  
garlic lime corn

CUP 30

BROWN

BOWL 90

pure bone broth  
gochugaru  
red wine



dukkah crusted venison tartare  
teriyaki eggplant  
seasonal greens  
porcini powder  
red apple

CUP 30

YELLOW

BOWL 95

pure bone broth  
saffron  
turmeric



free-range pork  
ramen noodles  
soft poached egg  
seasonal greens

# SALADS

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<i>Teriyaki chicken salad</i>	85
Teriyaki chicken, pineapple, baby tomatoes, avo, pumpkin seed, mixed seasonal salad, barbeque broth reduction	
<i>Tahini miso &amp; beetroot salad</i>	65
Beetroot, seasonal salad, orange slivers, tofu, tahini & miso dressing	
<i>Stuffed squid &amp; spicy asian coleslaw</i>	85
Squid stuffed with corn, fennel, coriander, tomato & capers, coleslaw, chilli, coriander, sweet & sour bone broth reduction	

*All meals served with kombucha delight*

# EXTRAS

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patagonia squid	30	sticky rice balls	10
fish	30	rice noodles	15
mussels	30	egg noodles	15
chicken	25	ramen noodles	20
pork	30	soft boil egg	10
venison	30	eggplant	15

# DRINKS

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seasonal shrub & sparkling water	25	coffee short	20
cordials & sparkling water	25	coffee tall	25
fire tonic shot & sparkling water	35	sparkling water	10
culture lab kombucha	35	smoothie	35

# PRODUCTS

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fresh broth 1 litre	95	frozen broth 1 litre	95
fresh broth 500 ml	60	frozen broth 500 ml	60
fresh broth 250 ml	35	frozen broth 250 ml	35
cooking fat 200g			45 (when available)

*fresh broth prices excludes containers, bring own container or purchase*

*We strive to be organic, waste-free and sustainable.*

*We use line fish, organic seasonal vegetables,  
free-range eggs, pork, chicken & venison.*

*Our beef bones is grass fed, anti-biotic & hormone free.*

*Ask about our loyalty program*

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