

WHITE WINES

House Dry White	90	Carafe	30
Diemersdal Sauvignon Blanc	140	Carafe	47
Waterford Sauvignon Blanc	190		
South Hill Sauvignon Blanc	125	Carafe	42
Sophie Te-blanc	150		
Jordan Unoaked Chardonnay	190	Carafe	64
Jordan Chardonnay	240		
Zevenwacht Chardonnay	150	Carafe	50
Ken Forrester Petit Chenin	95	Carafe	32

ROSE

Mulderbosch Rose	115	Carafe	38
Jordan Chameleon Rose	120	Carafe	40

RED WINE

House Red	100	Carafe	35
Groote Post Old Man's Blend	125		
Zevenwacht Tin Mine	140	Carafe	45
Diemersdal Pinotage	185	Carafe	62
Fleur du Cap Merlot	150	Carafe	50
Jordan Chameleon	140	Carafe	47
Rupert & Rothschild Classique	255		
Warwick First Lady	165		
South Hill Cabernet Sauvignon	150		
Springfield Whole Berry Cabernet Sauvignon	250		
Zevenwacht Syrah	165		
The High Road Classique	220		

CHAMPAGNE

Moet Chandon N/V	800		
Graham Beck Brut 750ml	250	Glass	50
Graham Beck Brut Rose 750ml	260		
South Hill MCC	200		

MANO A MANO



5 - 9 PARK ROAD GARDENS

HOURS OF TRADING:
MONDAY - SUNDAY 8.00 - LATE

021 422 4415

 Mano A Mano Cape Town

 @Mano_A_ManoCT

START WITH

Greek Peasant Salad	50 / 90
Caesar Salad with Chicken or Bacon	40 / 75
Cobb Salad	85
Rocket, Parmesan & Avo Salad	40 / 75
Bacon, Blue Cheese & Avo Salad	40 / 75
Smoked Salmon, Capers & Avo Salad	90
Salmon & Hake Fish Cakes	70
Grilled Haloumi	75
Chicken Livers Peri Peri	70
Beef Carpaccio	90
Calamari grilled or fried	65

MEALS

Oven baked Prawns	250
Prawn Curry Mozambican style	140
Fried Fish & Chips	85
Grilled Calamari	115
Alfred's Spaghetti Bolognese	80
Penne Arrabiata	65
Penne Salmone	90
Chicken Liver Pasta	80
BBQ Chicken Kebabs	80
Chicken Schnitzel with Dijon Mustard Sauce	85
Creamy Chicken Limone	85
Chicken Prego Roll	70
Prego Roll	85
Fillet Steak with Pepper Sauce	160
BBQ Lamb Cutlets	160
Burger with Fried Onions	75
Steak, Egg & Chips	145
Baked Potato with Salmon, Sour Cream, Avo & Chives	90
Baby Chicken (peri-peri / lemon herb)	125
Steak Diane	150

PIZZA

Pizza Bread	25
Salmon, Cream Cheese & Capers	90
Bacon, Avo & Feta	80
Regina - Ham & Mushroom	75
Margherita	55
Artichokes, Olives, Mushroom & Red Pepper	85
Thai Chicken, Chilli & Coriander	75
Chicken, Chilli & roasted Tomato	75
Rocket, Avo & Parmesan	85
Brie, Fig & Ham	85
Greek Olives, Feta & Spinach	75
Ground Beef, Cheddar & Jalapenos	80
Prawn, Chilli & Cherry Tomato	120

ADD EXTRA'S

Anchovies	14
Artichokes	14
Avocado	15
Bacon	16
Feta	14
Ham	16
Olives	12
Rocket	10
Salami	16

DESSERT

Crème Brûlée	60
Choccorico	50
Chocolate Brownie Mess	50
Apple Pie	40
Ice-cream & Choc Sauce	30