# continental buffet R90

#### buffet

selection of fresh juices
low fat yoghurts: strawberry,
cape fruit or plain
home-made bircher muesli
assorted cereals and
nutty townhouse muesli
fresh cut seasonal fruit
& fruit salad
fruits in syrup and stewed fruits
selection of cheese and
cold meats
daily baked croissants, scones,
muffins and pastries
selection of breads, toasts and rolls,
preserves, honey and diabetic jam

# with your choice of hot beverage

filter or decaffeinated coffee ceylon tea rooibos tea selection of aromatic teas

## à la carte served hot breakfast Riio

includes continental buffet

eggs - fried, scrambled, poached or boiled with a selection of:

streaky bacon | beef sausage | pork sausage | lamb sausage | savoury beef mince | beef kidneys | sautéed button mushrooms | grilled tomato | onion & tomato compôte | baked beans | poached haddock | grilled kipper | french toast or

#### omelette of your choice

tomato | onion | green pepper | mushroom ham | cheese

### traditional cooked jungle oats & mieliepap

guests on a bed & breakfast rate may choose from both the continental buffet and à la carte breakfast options

additional supplement speciality coffees overleaf...



### supplement

#### eggs benedict R15

with a choice of cooked ham or smoked salmon trout or spinach

#### scrambled eggs R15

with smoked salmon trout with cottage cheese and herbs

### open spanish R15

with potatoes, peppers, chillies, tomato, onion, chorizo and cheese

serving times: monday to friday 6:30am - 10:00am

saturday, sunday & public holidays 6:30am - 11:00am

### speciality coffees

espresso	R14
hot chocolate   milo	R16
cappuccino   americano   double espresso	R18
red cappuccino	R20
café latte   red latte	R22

