



# Lobster Trap

## Local Seafood Family Restaurant

### Cold Starters

#### **Wild Oysters**

*Au natural @ R18.00 each*

*Toppings add R5.00 per oyster*

*Please ask your Waitron for our selection of toppings*

#### **Avocado Ritz R69.00**

*Traditionally prepared*

#### **Prawn Cocktail R62.00**

*6 Steamed and chilled prawns served on shredded lettuce*

#### **Garden Salad R55.00**

*Garden greens mixed with rocket, avocado and pine nuts topped with shavings of grana padano. Served with balsamic vinegar and extra virgin olive oil*

#### **Greek Salad R55.00**

*Mixed lettuce tossed together with Danish feta, calamata olives, cucumber, onion and tomatoes  
Served with our homemade dressing on the side*

#### **Chicken Salad R65.00**

*Garden greens mixed together with sunflower and roasted pumpkin seeds, radishes, cherry tomatoes, pepper dews and cucumber dressed with a mild wasabi dressing*

#### **Smoked Salmon Salad R69.00**

*Lettuce, cucumber and Spanish onions topped with smoked salmon and cream cheese, sprinkled with chopped chives*

#### **Roquefort Salad R62.00**

*Aged Roquefort cheese, tossed together with mixed baby leaf lettuce, cocktail tomatoes, cucumber and Spanish onions and drizzled with herb dressing.*

#### **Avo and Prawn Salad R69.00**

*Mixed garden greens with cocktail tomatoes, Spanish onions and cucumber topped with steamed prawns and avo served with a tangy seafood sauce on the side*

## **Lobster Trap** **Local Seafood Family Restaurant**

### **Hot Starters**

#### ***Creamy Garlic Snails R52.00***

*Oven baked with parmesan cheese and served with dipping bread*

#### ***Seafood Chowder R59.00***

*Traditional Boston chowder*

#### ***Calamari R55.00***

*Falklands calamari served either grilled, deep fried or Cajun with lemon butter or tartare sauce*

#### ***Squid Heads R49.00***

*Lightly dusted with flour and deep fried, served with tartare sauce*

#### ***Grilled Halloumi R49.00***

*Grilled and served with sweet chili dipping sauce and a wedge of fresh lemon*

#### ***Half Shell Mussels R55.00***

*Steamed in white wine & fresh garlic, finished off with cream, spring onion and served with dipping bread*

#### ***Garlic Prawns R69.00***

*6 Prawns prepared in a garlic and chili sauce with fresh coriander served with dipping bread*

#### ***Starter Scampi R65.00***

*6 Breaded prawns deep fried and served with a sweet chili dipping sauce*

#### ***Meze Platter R129.00***

*Scampi, grilled Halloumi, deep fried calamari, feta and olives*

# ***WEEKLY SPECIALS***

A stylized illustration of a large orange prawn with green leaves at its base, and two brown chopsticks positioned diagonally across the scene. The prawn is the central focus, with its segments clearly defined. The chopsticks are simple, cylindrical shapes.

*40% off all Sushi between 12 and 3pm*

*1Kg prawns @R175.00 applies to both lunch and dinner*

*Available 7 days a week*

*PLEASE no sharing or takeaways*

***PLEASE SEE THE CHALK BOARD FOR MORE SPECIALS***

# Lobster Trap Local Seafood Family Restaurant

## Shellfish

All served with a choice of rice, homemade fries and complimentary lemon butter, garlic and peri-peri sauce

Our shellfish is served dry grilled with the sauces on the side

All our prawns are cultivated in a controlled environment in the sea

Wild caught or Mozambique prawns are available on request

**Fresh West Coast Rock Lobster (Crayfish) R120.00 per 100 gram**

Please choose from our tank

**Medium Langoustines R420.00**

8 Medium wild caught langoustines grilled to perfection

**King Prawns R189.00**

8 Cultivated king prawns grilled to perfection

**Queen prawns R145.00**

8 Cultivated queen prawns frilled to perfection

**Medium prawns R135.00**

12 'S' Prawns sautéed in a peri-peri sauce or served plain grilled

**Scampi R135.00**

12 'S' Prawns breaded, deep fried and served with a sweet chili dipping sauce

**Prawn Nacional R159.00**

8 Queen prawns prepared in a garlic, beer, red pepper and chili sauce finished off with a dash of cream

**Mixed Seafood Pasta R125.00**

A combination of calamari, kingklip, prawns and mussels in a creamy tomato sauce with a hint of chili

## **Extras**

Baby Crayfish **R150.00** each/Langoustines **R55.00** each

King Prawn **R24.00** each/Queen Prawn **R18.00** each

Lobster Trap, Weleda Centre, Cnr Culross & Main Roads, Bryanston  
<https://www.facebook.com/lobstertrapbryanston> (011) 706 8757

'S' Prawn R12.00 each

## Lobster Trap Local Seafood Family Restaurant

### Platters

*All served with a choice of rice, homemade fries and complimentary lemon butter, garlic butter and peri-peri sauce*

#### **Bounty R939.00**

2 Baby crayfish, 6 medium langoustines, 10 queen prawns, line fish, mussels and calamari

#### **Fishmonger R625.00**

6 Medium langoustines, 10 queen prawns, line fish, mussels and calamari

#### **Mixed Seafood Grill R350.00**

1 Baby lobster, 2 langoustines, 3 queen prawns, calamari

#### **West Coast Platter R169.00**

Grilled hake, 4 queen prawns, mussels and calamari

### Combos

*All served with a choice of rice, homemade fries and complimentary lemon butter, garlic butter and per-peri sauce*

#### **Kingklip and Calamari R165.00**

180g fillet of kingklip together with Falklands calamari

#### **Kingklip and Prawns R185.00**

180g fillet of Kingklip with 6 prawns

#### **Calamari and Prawns R159.00**

180g grilled Sole and 6 Prawns

#### **Sole and Prawn R159.00**

180g Grilled sole and 6 prawns

#### **Surf & Turf R165.00**

200g Fillet char grilled to perfection, topped with a cheese and mushroom sauce and served with 6 prawns

**Chicken and Prawn R119.00**

Quarter Chicken flame grilled and served either Mozambique style (hot) or lemon and herb with 6 prawns

**Lobster Trap**  
**Local Seafood Family Restaurant**

**Fish**

All served with your choice of starch and vegetables or side salad

**Fresh Select Linefish R155.00**

Grilled and served with lemon butter on the side or a lemon and dill beurre blanc

**Fresh South African Kingklip R159.00**

Grilled and served with lemon butter on the side  
Thermidor add **R35.00**

**Grilled West Coast Sole R149.00**

Pan fried and served with mash and fresh vegetables.  
Add a prawn and white wine sauce **R45.00**

**Fresh Norwegian Salmon R165.00**

Oven baked with a Demerara sugar and mustard glaze served with mash and fresh garden veg

**Hake & Chips R69.00**

Grilled or deep fried in a crispy beer batter served with lemon butter or tartare sauce

**Falklands Calamari R109.00**

Grilled, fried or Cajun style served with homemade fries and fresh vegetables

# Lobster Trap

## Local Seafood Family Restaurant

### Meat and Poultry

Fillet – Char grilled to your liking  
200g **R110.00**  
300g **R138.00**

Matured Rump – One of our favourite cuts  
250g **R89.00**  
350g **R129.00**

**Lobster Trap Burger R69.00**  
200g Pure beef burger served on a toasted sesame seed bun  
Add bacon and cheese **R19.00**

**Grilled Chicken R95.00**  
Half free range chicken flame grilled, served either Mozambique style (hot) or lemon and herb

**Healthy Heart R75.00**  
2 Tender free range chicken breasts grilled and served with a garden salad and fresh lemon

**Sauces R29.00 each**  
BBQ  
Mushroom  
Cheese and Mushroom  
Pepper  
or  
Garlic

# Lobster Trap

## Local Seafood Family Restaurant

### Something Spicy

Served with sambals and popadum

#### **Chicken and Prawn Curry R169.00**

Tender pieces of free range chicken breast and prawns prepared in a mild coconut milk flavoured curry sauce

#### **Natal Prawn Curry R189.00**

10 Queen prawns cooked in a medium to hot Durban style curry sauce

### Vegetarian

#### **Vegetarian Pasta R72.00**

Artichokes, Rosa tomatoes, calamata olives and Napolitana sauce

#### **Vegetarian Platter R95.00**

Grilled Halloumi, crumbed mushrooms, oven roasted tomatoes and sweet corn fritters served with your choice of vegetarian sushi

### Kids R45.00 each (all served with chips)

Deep fried calamari  
6 Grilled prawns or Scampi  
Napolitana pasta  
Crumbed chicken strips  
Hake fingers  
Chicken burger  
Beef burger 100g

#### **Side orders R29.00 each**

Vegetable  
Side salad



*Chips  
Rice  
Wasabi mash*

## *Lobster Trap Local Seafood Family Restaurant*

### **Desserts**

*Crème brûlée **R45.00***

*Ice Cream and Hot Bar One Sauce **R42.00***

*Cheese Cake **R39.00***

*Pecan Nut Pie **R39.00***

*Chocolate Brownies **R45.00***

*Ice Cream and butterscotch sauce **R42.00***

*Apple Crumble **R39.00***



# Lobster Trap Local Seafood Family Restaurant

## WINE LIST

Please feel free to browse through our variety of Boutique wines on display

### Speciality Coffees and Dom Pedros

Irish Coffee **R45.00**

Kahlua Coffee **R45.00**

Cape Velvet Coffee **R39.00**

Frangelico Coffee **R45.00**

Whiskey Pedro **R49.00**

Kalhua Pedro **R49.00**

Cape Velvet Pedro **R44.00**

Frangelico Pedro **R49.00**

Dave's Pedro **R60.00**

### Coffees & Teas

Americano **R19.00**

Cappuccino **R19.00**

Espresso **R16.00**

Double Espresso **R21.00**

Ceylon **R16.00**

Rooibos **R16.00**

Herbal **R19.00**

### Shakes & Floats

Chocolate/Vanilla/Lime/Bubblegum/Butterscotch/Strawberry **R29.00**

Coke/Fanta/Cream Soda Float **R26.00**

Double Thick shakes **ADD R9.00**

### Sodas & Fresh Juices

Coke/Coke Zero/Coke Lite/Fanta/Fanta Grape/Sprite/Sprite Zero/ Stoney **R19.00**

Tizers /Iced Teas **R26.00**

Rock Shandy/Steel Works **R29.00**

Mango/Strawberry/Apple/Cranberry/Fruit Cocktail **R29.00**

Lobster Trap, Weleda Centre, Cnr Culross & Main Roads, Bryanston  
<https://www.facebook.com/lobstertrapbryanston> (011) 706 8757

Valpre Still 1.5 litre R28.00/ 500ml R14.00  
Valpre Sparkling 750ml R28.000 / 500ml R14.00

## *Lobster Trap* *Local Seafood Family Restaurant*

*Lobster Trap was initially started as a seafood restaurant with a twist.*

*To keep pace with the uncertain economy, we have introduced a menu that provides quality seafood at an affordable price for the whole family.*

*Lobster Trap is a proudly South African seafood restaurant. South Africa has a wide and diverse mixture of seafood and it is our intention to try and bring that diversity of seafood to the customer. We focus on fish that are seasonally available assuring you of only the freshest fish.*

*To keep our prices affordable, we use a cultivated prawn which is farmed in a controlled environment in the sea off the coast of India.*

### **WINE LIST**

*All our wines are from handpicked boutique wineries, some as yet relatively unknown and undiscovered. This allows us to introduce you to new and exciting wines you might not have previously been aware of. We have tested each one of course 😊 to ensure your enjoyment.*

*We hope you enjoy your meal, we encourage feedback. It's your feedback that helps us to constantly improve thus ensuring we maintain our certificate of excellence as awarded by Trip advisor recently.*



*Lobster Trap, Weleda Centre, Cnr Culross & Main Roads, Bryanston  
<https://www.facebook.com/lobstertrapbryanston> (011) 706 8757*