

ITÂLY

OLIVE OIL HUMMUS

#### **OPERATING HOURS**

MONDAY - SATURDAY 07H00 - 19H00 SUNDAY 07H00 - 18H00

BREAKFAST | 07H00 - 11H00 LUNCH | 11H00 - 16H00

WWW.OLDTOWN.CO.ZA

### PIATTO MISTO

CHOOSE FROM SALUMI AND FORMAGGI TO CREATE A DELI BOARD SERVED WITH OUR ARTISINAL BREAD

### ANTIPASTI

-STARTERS & SNACKS-

MOZZARELLA CON PROSCIUTTO  125GR IMPORTED BUFFALO MOZZARELLA SERVED WITH PARMA HAM, EXTRA VIRGIN OLIVE OIL & HOMEMADE GRISSINI STICKS	-130-
PEPERONI CLASSICI (V) GRILLED YELLOW & RED PEPPERS, MARINATED IN EXTRA VIRGIN OLIVE OIL & FRESH HERBS	-55-
ANCHOVY PICANTE PAPRIKA WHOLE SALTED ANCHOVIES, MARINATED IN CHILLI, GARLIC, FRESH HERBS & PAPRIKA, SERVED WITH TOASTED CIABATTA	-45-
MELANZANE MARINATE (V) SLICED & GRILLED AUBERGINE, MARINATED IN EXTRA VIRGIN OLIVE OIL, GARLIC & FRESH HERBS	-50-
LA FOCACCIA ASK YOUR SERVER FOR TODAY'S TOPPINGS OR VISIT OUR BAKERY	
CARPACCIO DI MANZO RAW, POUNDED LOWLANDS BEEF RUMP SERVED WITH ROCKET SALAD, SHAVED GRANA PADANO CHEESE, LEMO & EXTRA VIRGIN OLIVE OIL	<b>-90</b> -
TARTARE DI SALMONE FRESHLY CHOPPED 'CRUDO' OF NORWEGIAN SALMON SERVED WITH ONION, CAPERS, FRESH HERBS, MALDON SEA SALT, CUCUMBER & A LEMON WEDGE	-80-
PÂTÉ DI FEGATELLI HOMEMADE CHICKEN LIVER PÂTÉ SERVED WITH PICKLES & MELBA TOAST FROM OUR BAKERY	-55-
FRITTI DI CARCIOFI (V) ARTICHOKES, CRUMBED, FRIED & SERVED WITH ROCKET SALAD & BASIL MAYO	-45-
BRUSCHETTA ALLA TUA STRADA  TOASTED, GARLIC-RUBBED BRUSCHETTA SERVED WITH YOUR CHOICE OF 3 TOPPINGS: ANCHOVIES PICANTE PAPRIKA I CHOPPED TOMATO SALSA I CHICK P	- <b>50</b> -

#### LA PIADINA -GRILLED ITALIAN FLATBREAD SANDWICHES-COTTO -65-PROSCIUTTO COTTO HAM, EDAM CHEESE & ROCKET WITH HOMEMADE OLD TOWN MAYO PROSCIUTTO E RUCOLA -75-ITALIAN CURED HAM, FONTINA CHEESE, ROCKET & HOMEMADE OLD TOWN MAYO SALSICCIA E PATATE OUR BUTCHER'S ITALIAN LUGANICA SAUSAGE, GRILLED POTATO WEDGES, FONTINA CHEESE & HOMEMADE OLD TOWN MAYO -85-ALLA CAPONATA (V) -72-SLOW BRAISED AUBERGINE, CHOPPED TOMATO AND ROCKET WITH EDAM CHEESE **SUPER KALE (V)** FRESH TOMATO, SAUTÉED KALE & DANISH FETA -60-ALLA DIAVOLA BEEF BOLOGNESE, REFRIED KIDNEY BEANS, EDAM CHEESE & FRESH CHOPPED CHILLI -75-

## LA SALUMERIA

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-IMPORTED CURED MEATS FROM OUR BUTCH	ERY-
PROSCIUTTO BRAGLIA ITALIAN CURED HAM	-25-
PROSCIUTTO DI PARMA D.O.C CERTIFIED CURED HAM FROM PARMA	-38-
PROSCIUTTO DI SAN DANIELE D.O.C CERTIFIED CURED HAM FROM SAN DANIELE	-45-
MORTADELLA LARGE ITALIAN COLD CUT, INFUSED WITH PISTACHIOS	-22-
SALAME FERRARESE COURSE GRAIN CURED SALAMI	-40-
SPIANATA PICCANTE COURSE GRAIN PRESSED ITALIAN SALAMI WITH CHILLI	-30-
MILANO FINE GRAIN ITALIAN SALAMI MADE FROM LEAN PORK	-32-
COPPA SMOKED CURED PORK SHOULDER	-25-
PROSCIUTTO COTTO PRESSED, COOKED HAM	-25-
BLACK FOREST HAM GERMAN, DRY CURED & SMOKED HAM	-25-
SOPRESSA VICENTINA 3 MONTH MATURED, COURSE GRAIN SALAMI	-35-
\ FORMAGG!	
-IMPORTED AND LOCAL CHEESE SELECTION-	
GRANA PADANO D.O.P ITALIAN HARD CHEESE FROM VENETO	-25-
PROVOLONE VESUVIAN SEMI-HARD CHEESE	-18-
GORGONZOLA DOLCE LATTE ITALIAN BLUE-VEINED CHEESE	-25-
TALEGGIO WASHED RIND & SMEAR RIPENED SOFT CHEESE	-30-
LATTERIA SEMI-HARD CHEESE WITH A RICH, VELVETY TEXTURE	-25-
PECORINO PEPATO SWEET EDGED PECORINO INFUSED WITH PEPPERCORNS	-25-
DUTCH CUMIN DUTCH GOUDA INFUSED WITH CUMIN SEED	-20-
ASIAGO BLACK MILD & CREAMY WITH A DELICATE, SMOOTH FLAVOUR	-20-
FRENCH RACLETTE SEMI-FIRM COW'S MILK CHEESE WITH A STRONG NUTTY FLAVOUR	-25-
DRUNKEN PECORINO PECORINO MATURED IN CABERNET GRAPE MUST	-25-
FRENCH BRIE SOFT COW'S MILK CHEESE WITH A WHITE MOULD RIND	-30-

## LA PASTA

AT OLD TOWN WE SERVE OUR PASTA AS A TRADITIONAL 'PRIMI' COURSE SERVING AS AN INTRODUCTION TO A MAIN MEAL OR AS A LIGHT FINISH TO SOME GREAT ANTIPASTI. OUR FRESH PASTA IS HAND-MADE IN HOUSE.

OKEAT ARTH ACTI. CONTRESH FACIATIO HARD MADE IN MOCCE.	
GNOCCHI AL GORGONZOLA (V) HOME-MADE GNOCCHI TOSSED IN A CREAMY GORGONZOLA DOLCE LATTE SAUCE	-85-
GNOCCHI AL POMODORO (V) HOME-MADE GNOCCHI TOSSED IN OUR NEAPOLITAN SAUCE	-70-
RISOTTO AI FRUTTI DI MARE IMPORTED ARBORIO RICE, BRAISED IN WHITE WINE SEAFOOD STOCK, PRAWNS, CALAMARI, MUSSELS, ONIONS, TOMATOES & FRESH HERBS	-160-
TAGLIATELLE AI FUNGHI E TARTUFO (V) HOME-MADE TAGLIATELLE PASTA TOSSED IN A CREAMY MUSHROOM SAUCE & TRUFFLE OIL	-90-
LASAGNE ALLA BOLOGNESE LAYERS OF HOME-MADE PASTA, BEEF BOLOGNESE SAUCE, BÉCHEMEL & GRANA PADANO CHEESE	-98-
PARPADELLE BOLOGNESE HOME-MADE RIBBON PAPPARDELLE PASTA TOSSED WITH BEEF BOLOGNESE SAUCE	-86-
<b>SPAGHETTI ALLO SCOGLIO</b> SPAGHETTI PASTA, CALAMARI AND PRAWNS TOSSED WITH WHITE WINE, CHERRY TOMATO AND CHILLI.	-135-
PASTA ALLA GENOVESE (V) SPAGHETTI PASTA TOSSED IN HOME-MADE BASIL PESTO, CUBED POTATO AND FRENCH BEANS	-85-
PENNE ARRABBATA PENNE PASTA TOSSED IN HOME-MADE NEAPOLITAN SAUCE, CHERRY TOMATOES, PARSLEY AND GREEN CHILLI	-60-
PENNE CON MOZZARELLA PENNE PASTA TOSSED IN HOME-MADE NEAPOLITAN SAUCE, FRESH BASIL AND 75GR OF FRESH IMPORTED, BUFFALO MOZZARELLA	-98-
ANGELO BACON, ZUCCHINI, SPRING ONION AND GARLIC, TOSSED HOME-MADE CHICKEN STOCK, FRESH HERBS AND CREAM.	-90-

## INSALATE

SERVED WITH SPAGHETTI PASTA & GRANA PADANO CHEESE

ALL SALADS SERVED WITH A PARMESAN BREAD STICK	
OLD TOWN KALE CHICKEN CAESAR ROAST CHICKEN, FRESH KALE, CROUTONS & GRANA PADANO TOSSED IN CAESAR DRESSING & CHOPPED DRIED APRICOT	-98-
BEETROOT AND LENTIL SALAD (V) ROASTED BUTTERNUT, MARINATED BEETROOT, LENTILS & CRUMBED GORGONZOLA, SERVED WITH A GREEK YOGHURT DRESSING & SHAVINGS OF SPANISH GOATDS CHEE	- <b>85</b> -
NORWEGIAN SALMON NIÇOISE GRILLED NORWEGIAN SALMON, FRENCH BEANS, OLIVES, POTATO, POACHED EGG, TOMATO & CUCUMBER TOSSED IN A LEMON & HONEY DRESSING	-120-
CAPRESE (V) SLICES OF IMPORTED BUFFALO MOZZARELLA, SAN MARZAN TOMATOES, WITH FRESH BASIL, DRIZZLED WITH OLIVE OIL & BASIL PESTO	- <b>95</b> -

MALTAGLIATA CON POMODORO
CARPACCIO OF FRESHLY CUT TOMATO DRESSED WITH EXTRA VIRGIN OLIVE OIL & SALT. TOPPED WITH GRILLED BEEF FILLET SLICES, ROCKET SALAD & GRATED GRANA PADANO CHEESE -128-

CHICKPEA & HUMMUS (V)
MARINATED CHICKPEAS, TOSSED WITH GRILLED VEGETABLES & TOPPED WITH HUMMUS & PAPRIKA OIL

CHICKEN QUINOA
CHICKEN QUINOA SALAD WITH RED ONION, TOMATO,
FRESH HERBS, FLAKED ALMONDS AND SUNDRIED TOMATOES
TOSSED IN A GORGONZOLA DRESSING -85-

# SECOND!

#### OUR DELI

OPTION 1: FILL YOUR PLATE WITH A PROTEIN, VEG & SALAD OF YOUR CHOICE -120-OPTION 2 (V): FILL YOUR PLATE WITH ANY VEG & SALAD OF YOUR CHOICE

GRILLED PORK CHOPS 250G PORK CHOPS SERVED WITH MASH, SAUTÉED SPINACH & HOME-MADE APPLE SAUCE	-110-
GRILLED FILLETTO 200GR LOWLANDS BEEF FILLET SERVED WITH HOME-MADE DIJON MUSTARD SAUCE, SAUTÉED KALE & POLENTA	-165-
3006 RIBEYE STEAK PREPARED FIORENTINA STYLE WITH CRUSHED SALT, PEPPEL ROSEMARY AND OLIVE OIL, GRILLED AND SERVED WITH A DRESSED ROCKET SALAD, FRESH LEMON & GRANA PADANO CHEESE SHAVINGS	<b>-155-</b> R,
LEMON CAPER CHICKEN  POUNDED CHICKEN BREAST, GRILLED A LA MINUTE & SERVED WITH A LEMON CAPER SAUCE, TOPPED WITH A FRESH SALAD OF LETTUCE, TOMATO, CUCUMBER & ONION AND COUSCOUS	-105-
CHICKEN POTENZA CHICKEN HIND QUARTER SLOW-BRAISED IN TOMATO, WHITE WINE AND CHILLI, SERVED ON A GARLIC MASH	-90-
GRILLED NORWEGIAN SALMON 250GR GRILLED NORWEGIAN SALMON SERVED WITH A DILL MASH & TARRAGON HOLLANDAISE	-195-
CALAMARI GRILLED PATAGONIAN CALAMARI, TOSSED IN A LEMON & HERB BUTTER SAUCE, SERVED WITH ZUCCHINI FRIES & FRESH LEMON	-140-
FRITTO MISTO A BOWL OF BATTER-FRIED CALAMARI, PRAWNS, MUSSELS, ZUCCHINI & MUSHROOM, SERVED WITH FRESH LEMON & A CHILLI TOMATO SAUCE	-145-
SALSICCA GRILLED SAUSAGE OF THE DAYFROM OUR BUTCHERY SERVE WITH BRAISED CABBAGE AND HOME-MADE DIJON MUSTARD	- <b>95</b> -
POLPETTE CON POLENTA POLENTA WITH ASIAGO AND GRANA PADANO CHEESE, TOPPED WITH HOME-MADE MEATBALLS, SLOW COOKED IN NAPOLITANA SAUCE.	-100-
OT BURGER HOME-MADE BEEF PATTY BURGER WITH GRILLED ONION & ASIAGO CHEESE, HOME-MADE MAYO, LETTUCE, TOMATO, GERKINS & A SIDE OF HAND-CUT FRIES	-110-
SUPERFOOD BURGER (V) BUNLESS BURGER OF LETTUCE, CHICK PEA AND LENTIL FRITTERS, GRILLED MUSHROOM, TOMATO, CUCUMBER, CHOPPED KALE, SLICED GHERKIN & HUMMUS	-85-
MELANZANE ALLA PARMEGIANA (V) BAKED AUBERGINE WITH HOME-MADE, MOZZARELLA AND GRANA PADANO CHEESE	95-

# PER BAMBINI

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FREE-RANGE CHICKEN MINCE MEATBALLS, POTATO WEDGES AND HOME-MADE KETCHUP DIPPING SAUCE SPAGHETTI AND MEATBALLS
SPAGHETTI TOPPED WITH FREE RANGE, HOME-MADE MEATBALLS, SLOW COOKED IN NEAPOLITAN SAUCE -50-OLD TOWN MAC 'N CHEESE GOOD OLD-FASHIONED MACARONI BAKED IN A HOME-MADE CHEESE SAUCE -50-

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-50-

THE GOOD BURGER

100GR FREE RANGE, GRASS-FED BEEF PATTY ON A BUN
WITH HOME-MADE KETCHUP. SERVED WITH ZUCCHINI FRIES