



COLAZIONE

-BREAKFAST-

OPERATING HOURS

MONDAY - SATURDAY
07H00 - 19H00
SUNDAY
07H00 - 18H00

BREAKFAST | 07H00 - 11H00
LUNCH | 11H00 - 16H00

WWW.OLDTOWN.CO.ZA

"OUR EGGS ARE FREE RANGE"

VICKY & CRAIG ALLISON ARE THE OWNERS OF HIGHVELD FARM, SITUATED IN THE DARGLE VALLEY. THEY SUPPLY US WITH FREE RANGE EGGS. BASED ON THE UNITED KINGDOM'S ANIMAL WELFARE LEGISLATION, THEIR HEN'S LIVING, PRODUCTION AND ROAMING AREAS ARE SPECIFICALLY PLANNED. THIS GIVES THEM THE BEST POSSIBLE ENVIRONMENT TO LIVE, EAT AND LAY IN.

L'OVO SAPIENS

FREE RANGE EGGS, COOKED ANY STYLE, WITH STREAKY BACON, OVEN-DRIED TOMATOES, SAUTÉED MUSHROOMS & TOASTED ARTISANAL BREAD

-58-

IL BOSCO VERDE (V)

FREE RANGE POACHED EGGS SERVED WITH CREAMED MUSHROOM & SAUTÉED SPINACH ON ARTISANAL TOAST

-62-

IL BOSCO ROSSO

FREE RANGE POACHED EGGS SERVED WITH STREAKY BACON, HOLLANDAISE SAUCE AND SEASONED AVOCADO ON ARTISANAL TOAST

-72-

SHAKSHUKA

FREE RANGE EGGS BAKED AND SERVED IN A NEAPOLITANA SAUCE, CHORIZO SAUSAGE, CANNELLINI BEANS & ONION, SERVED WITH ARTISANAL TOAST

-85-

SALMONE ROSA

POLENTA CAKES TOPPED WITH SAUTÉED KALE, CREAM CHEESE, POACHED EGGS AND HOME-CURED NORWEGIAN SALMON

-95-

ARTISANAL TOAST (V)

A SELECTION OF ARTISANAL BREADS FROM OUR BAKERY SERVED WITH EDAM CHEESE AND HOME-MADE JAM

-35-

SEBASTIAN'S SAUSAGE PATTIE

MADE IN OUR BUTCHERY, FRESH BREAKFAST SAUSAGE PATTIES TOPPED WITH POACHED EGGS, OVEN-DRIED TOMATO & HOME-MADE ORANGE GINGER MARMALADE ON THE SIDE

-75-

KALE BUBBLE AND SQUEAK

KALE, POTATO AND ONION, COOKED IN EGG. SERVED WITH GRILLED TOMATOES, ITALIAN SAUSAGE AND ARTISANAL TOAST

-75-

WAFFLES (V)

FROM OUR GELATO STATION, SERVED WITH OUR AMARENA CHERRY ICE CREAM

-60-

LA FRITTATA

FREE RANGE EGG OPEN OMELETTE WITH PEPPERS, MUSHROOMS, BACON, ZUCCHINI AND MOZZARELLA CHEESE SERVED WITH ARTISANAL TOAST

-78-

RISOTTO CAKE (V)

RISOTTO CAKE, TOPPED WITH GRILLED AUBERGINE, MUSHROOMS, OVEN-DRIED TOMATOES & ROCKET

-65-

IL FRUTTOSO (V)

FRESH SEASONAL FRUIT SALAD, STONELODGE MUESLI & LOW FAT YOGHURT TOPPED WITH HONEY & TOASTED SESAME SEEDS

-60-

CHOCOLATE FRENCH TOAST

FRENCH TOAST SPREAD WITH CHOCOLATE SERVED WITH GRILLED BANANA, BACON & MAPLE SYRUP

-65-

QUINOA & OATS (V)

QUINOA & OAT PORRIDGE SERVED WITH FLAKED ALMONDS, BLUEBERRIES & BANANA, DRIZZLED WITH HONEY

-62-

L'OMELETTE (V)

FREE RANGE, 3 EGG OMELETTE WITH MOZZARELLA CHEESE, SERVED WITH TOASTED ARTISANAL BREAD

- TRADITIONAL

-48-

- EGG WHITE ONLY

-58-

- ADDITIONAL FILLINGS:

BACON

-10-

MUSHROOM (V)

-13-

SPINACH (V)

-13-

BREAKFAST SAUSAGE

-15-

CROISSANTS

- FROM OUR BAKERY -

PLAIN

-12-

ADD HOME-MADE JAM & EDAM CHEESE

-10-

CHOCOLATE FILLED

-32-

CUSTARD FILLED

-32-

ALMOND FLAVOURED

-35-

BACON & CHEESE

-35-

CONTORNI

-SIDES-

FUNGHI

SAUTÉED MUSHROOMS

-25-

PANCETTA

ROLLED IMPORTED ITALIAN BACON

-35-

AVO (V)

SLICED AVOCADO

-25-

NORWEGIAN SALMON

HOME-CURED SALMON

-40-

BACON

CRISPY BACON

-20-

FONTAL CHEESE

IMPORTED ITALIAN CHEESE

-25-

SALSICCIA

LUGANICA

HOME-MADE LUGANICA SAUSAGE

-30-

HOME-MADE BAKED BEANS (V)

MIXED BEANS COOKED IN TOMATO RAGU

-20-

SPINACH (V)

SAUTÉED SPINACH

-25-

VISIT OUR BAKERY FOR TODAY'S SPECIALS

WE GO TO GREAT LENGTHS TO ENSURE THAT OUR ARTISANAL BREADS ARE MADE WITH THE VERY BEST INGREDIENTS, USING TRADITIONAL METHODS. OUR BREADS ARE BAKED IN A WOOD FIRED OVEN, GIVING THEM THEIR BEAUTIFUL FLAVOUR, COLOUR & CRUST.

ALL OUR BREADS ARE PRESERVATIVE & GMO FREE, MADE USING FILTERED WATER, NON-IODIZED SALT & UNBLEACHED, STONE-GROUND FLOUR, IN ITS PUREST FORM.

LA DOLCÉ VITA CAFFÈ

-COFFEE-

WE BELIEVE THE FINER THINGS IN LIFE ARE SWEETEST WHEN IN THE COMPANY OF FRIENDS. HERE'S TO THE PERFECT ESPRESSO AND LIVING THE GOOD LIFE! LA DOLCÉ VITA!

CHOOSE YOUR BLEND

LUSSO - OUR HOUSE BLEND, AN INTENSELY BOLD BLEND OF PREMIUM ARABICA AND ROBUSTA BEANS. HAND SELECTED FROM BRAZIL, CENTRAL AMERICA & AFRICA.

DECAF - A HARMONIOUS BLEND OF THE FINEST DECAFFEINATED ARABICA & ROBUSTA COFFEE BEANS THAT OFFER A MEDIUM-BODIED FLAVOR & GENEROUS WITH CREAM.

ORGANIC - A MEDIUM-BODIED BLEND OF 100% PERUVIAN ARABICA BEANS THAT ARE DELICATE IN FLAVOR WITH A HINT OF PLEASANT ACIDITY & SUBTLE SWEET AROMA. OUR ORGANIC BEANS ARE PICKED & CLEANED BY HAND, ARE FREE OF CHEMICALS & CARRY AN 'IT BIO 007 CERTIFICATION'.

* ALL COFFEES ORDERED IN ORGANIC WILL BE CHARGED AN EXTRA -3- *

SPECIALE (SPECIALTY COFFEES)

CAFFÈ CORRETTO -40-
SHORT ESPRESSO, SERVED WITH A SHOT OF GRAPPA ALLA RUTA ON THE SIDE

IRISH -42-
SHORT ESPRESSO WITH A SHOT OF WHISKEY, TOPPED WITH HOT WATER & WHIPPED CREAM

VALDO -46-
ESPRESSO WITH A SHOT OF WHITE CHOCOLATE GRAPPA, TOPPED WITH HOT FROTHED MILK

CLASSICO (CLASSICS)

ESPRESSO -20-
SINGLE SHOT

DOPPIO ESPRESSO -24-
DOUBLE SHOT

MACCHIATO -21-
SINGLE SHOT TOPPED WITH HOT, FROTHED MILK

CAPPUCCINO -22-
SINGLE SHOT TOPPED WITH HOT, FROTHED MILK

LATTE -25-
HOT, FROTHED MILK SERVED WITH A SINGLE SHOT ON THE SIDE

AMERICANO -21-
SINGLE SHOT TOPPED UP WITH HOT WATER

NUTELLA MOCHA -28-
SINGLE SHOT BLENDED WITH CHOCOLATE NUTELLA MILK

BAMBINOCCHINO -8-
ESPRESSO CUP FILLED WITH WARM, FROTHED MILK & TOPPED WITH COCOA SPRINKLES FOR THE BAMBINOS

BEVANDE CALDE

-HOT BEVERAGES-

IMPORTED VENCHI HOT CHOCOLATE -35-
HORLICKS -30-

FRULLATI

-MILKSHAKES-



OLD TOWN'S MILKSHAKES ARE MADE USING FABBRI ARTISAN GELATO. THIS PREMIUM QUALITY ICE CREAM IS PRODUCED IN HOUSE AT OUR GELATO STATION, USING IMPORTED FABBRI 1905 INGREDIENTS & OLD TOWN'S FULL CREAM MILK.

-38-

AMARENA CHERRY
CHOCOLATE
STRAWBERRY

OREO COOKIES
COTTON CANDY
VANILLA

TÉ

-TEA-



SPECIALE (SPECIALTY TEAS)

FOR ONE | FOR TWO

IMPERIAL LAPSANG SOUCHONG -25- | -45-
A BLACK TEA OF FUJIAN ORIGIN, FULL BODIED, SMOKY & EARTHY

MOROCCAN MINT -25- | -45-
A GREEN TEA OF NORTH AFRICAN ORIGIN WITH SAHARA MINT

VANILLA BOURBON -25- | -45-
A RED TEA OF SOUTH AFRICAN ORIGIN WITH RICH VANILLA

CHAMOMILE -25- | -45-
A HERBAL TEA MADE FROM THE CHAMOMILE PLANT

RED CAPPUCCINO -25-
ROOIBOS TEA MADE WITH AN ESPRESSO MACHINE

CLASSICO (CLASSICS)

ENGLISH BREAKFAST -18- | -32-
A BLEND OF TEAS FROM ASSAM, CEYLON & KENYA

EARL GREY -18- | -32-
A BLACK TEA INFUSED WITH THE OIL OF BERGAMOT & ORANGE ZEST

CEYLON -18- | -32-
A BLACK TEA OF SRI LANKAN ORIGIN

ROOIBOS -18- | -32-
A HERBAL TEA MADE FROM THE ROOIBOS PLANT

GREEN -18- | -32-
MINIMAL OXIDATED CAMELLIA SINENSIS FROM CHINA

SPREMUTE FRESCHE

-COLD PRESSED JUICES-

ADD GINGER FOR AN EXTRA -5-
ADD A WHEAT GRASS SHOT FOR AN EXTRA -20-

CLASSICO (CLASSICS) -38-
ORANGE, PEAR, APPLE & PINEAPPLE

NOSTRE MISCELE (OUR BLENDS) -40-

JOLLY GREEN
CELERY, CUCUMBERS,
BROCCOLI, PARSLEY & LEMONS

SWEET & SAVOURY
APPLES, PINEAPPLE, WATERCRESS,
SPINACH & LIME

BETA-CARROT JUICE
APPLES, BEETROOT, CARROT,
PARSNIPS & LEMON

BODY BALANCER
PINEAPPLE, CELERY, CUCUMBER
& SPINACH

CARROT & PINEAPPLE TWIST
CARROTS, PINEAPPLE & LEMON

SPINACH STOUT
BABY SPINACH, PINEAPPLE
CUCUMBER, CARROT & LEMON

GREEN SLIMMING FUEL
PINEAPPLE, BROCCOLI,
SPINACH, WATERCRESS, KALE,
COURGETTE, CUCUMBER & LIME

ENERGY KICK
CARROTS, PEAR, PINEAPPLE
& GINGER

BIBITE NATURALI

- NATURAL SOFT DRINKS -

100% NATURAL FLAVOURED SODA, NO ARTIFICIAL
COLOURANTS, NO PRESERVATIVES

NIASCA PORTOFINO -PORTOFINO, ITALY- -27-

LIMONATA - NATURAL LEMONADE MADE WITH
LEMONS FROM TIGULLIO
MANDIRINATA - NATURAL SODA, FLAVOURED WITH MANDARIN
FESTIVO - BITTER ORANGE, VANILLACITRON AND APPLE BLEND

LURISIA -PIEMONTE, ITALY- -45-

GAZZOSA - AMALFI SFUSATO LEMON FLAVOUR
ARANCIATA - GORGANO ORANGE FLAVOUR
ACQUA TONICA - NATURAL DRY TONIC WATER
CHINOTTO - MYRTLE-LEAF ORANGE FLAVOUR

BALADIN -PIOZZO, ITALY- -35-

COLA - WITH KOLA NUTS FROM SIERRA LEONE, 100% NATURAL