

# elements

• *café bar*

## SALADS

Caesar Salad	95
Cos lettuce   anchovies   croutons   boiled egg   parmesan cheese   caesar salad dressing	
Chicken Salad	80
Garden greens   avocado   pumpkin seeds   chicken   herb dressing	
Italian Salad <span>✓</span>	75
Olives   cucumber   tomato   butter lettuce   mozzarella   Italian dressing	

## FLAT BREAD

### Recommended to compliment starters and salads

Tomato   mozzarella   olive   peppers <span>✓</span>	45
Olive oil   garlic   marjoram <span>✓</span>	45
Prosciutto   tomato   peppers   brie   figs	45

## STARTERS

Beef Carpaccio	80
Beef fillet   parmesan   pesto	
Aubergine Carpaccio <span>✓</span>	65
Grilled aubergine   sundried tomato   hummus   pesto   rocket leaves	
Anti Pasti Platter	110
Parma ham   olives   mozzarella   baby vine tomatoes   salami   artichoke   focaccia	
Fresh Oysters	75
3 Fresh oysters   traditional accompaniments	
Thai Fish Cakes	70
Herb dip   tomato & mozzarella salad	

## PIZZA

Margarita <span>✓</span>	75
Mozzarella   tomato	
Regina	95
Parma ham   salami   olives   garlic   tomato	
Modern <span>✓</span>	95
Peppers   artichoke   mozzarella   sundried tomato   fresh garden salad	
Cajun	95
Cajun chicken   avocado and cress	
Curry	95
Pulled lamb curry   butternut   feta cheese	

✓ Vegetarian

## MAIN COURSE

Our lite portions are just enough so that you don't have to be limited to one dish.

	Lite	Regular
	100g	200g
Pistachio Chicken Breast	70	120
Egg fried noodles   braised bok choy   peanut satay sauce		
Fillet Steak	90	165
Fillet steak   vine tomatoes   chips   chimmichurri sauce		
Beef Burger	55	95
Beef burger   tomato relish   cheddar cheese   chips		
Fish & Chips	85	135
Fried or grilled fresh line fish   chips   tartar sauce		
Lamb Curry	80	135
Durban lamb curry   basmati rice   sambals   roti		
Tagliatelle del Mare	80	130
Prawns   calamari   mussels   line fish		
Spaghetti Putanesca <span>✓</span>	60	95
Spaghetti   olives   Neapolitan sauce   parmesan		
Lamb Cutlets	90	165
2 cutlets   parmesan crust   creamed mash   ratatouille   minted jus		
Patagonian Calamari	65	115
Herb mayonnaise dip   fried noodles   vine tomatoes		

## DESSERT

Coupe Denmark	65
Vanilla ice cream   strawberries   chocolate sauce	
Coupe Paris	65
Caramel ice cream   toffee sauce   coffee sticks	
Lemon Meringue Tart	65
Berry sauce   whipped cream	
Crème Brûlée	65
Vanilla pod   caramel topping	
Chocolate Study	65
Crème Brûlée   chocolate brownie   chocolate mousse	

All prices are in South African Rands

# DELICIOUS



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**CHAMPAGNE** glass bottle  
 Moët & Chandon Imperial Brut 105 590

**METHODE CAP CLASSIQUE**  
 Laborie Brut 60 280  
 Simonsig Kaapse Vonkel 60 280  
 Simonsig Brut Rosé 55 280  
 Torresella Prosecco 65 280

**WHITE WINES**  
 Cape Point Splattered Toad Sauvignon Blanc 45 220  
 Diemersdal Matys Sauvignon Blanc 35 140  
 Flagstone Noon Gun Sauvignon Blanc 35 140  
 Creation Whalepod Sauvignon Blanc 45 180  
 Koelfontein Chardonnay 30 240  
 KWV Contemporary Chenin Blanc Chardonnay 30 140  
 Rietvallei John B Riesling 30 180  
 Cederberg Bukettraube 55 220

**ROSÉ**  
 Raka Rosé 35 130  
 De Grendel Rosé 35 130  
 Diemersdal Sauvignon Rosé 45 170  
 Durbanville Hills Merlot Rosé 35 130

**RED WINES**  
 Slowine Cabernet Sauvignon 45 170  
 Klein Constantia KC 45 180  
 Protea Merlot 40 160  
 Robertson Pinot Noir 40 150  
 Landskroon Paul De Villiers Shiraz 45 280  
 Remhoogte Aigle Noir 55 220  
 KWV Shiraz Merlot 35 140  
 Creation Whalepod Syrah Merlot 45 180

**LOCAL BEERS**

Amstel	28	Hansa	25
Black Label	25	Heineken	28
Castle Draught	28	Miller	28
Castle Lager	25	Windhoek Draught	32
Castle Lite	25	Windhoek Lager	28
Castle Milkstout	25	Windhoek Lite	28

**COCKTAILS**

Singapore Sling 55  
 Gin | cherry liqueur | lime | triple sec | soda | grenadine

Seabreeze 60  
 Vodka | lime | triple sec | granadilla juice | splash of cranberry

Beverly Hills 90210 55  
 Passion fruit liqueur | archers peach | lime | triple sec | lemonade | fresh granadilla pulp

Peach Bellini 55  
 Peach puree | archers peach schnapps | sparkling wine

Lynchburg Lemonade 55  
 Jack Daniels | triple sec | homemade lemonade juice

Whiskey Sour 65  
 Jack Daniels | drambui | sweet and sour mix | cherries

Godfather 60  
 Amaretto | whiskey | lime

Cosmopolitan 60  
 Vodka | lime | triple sec | cranberry juice

Mojito 65  
 Light rum | sugar | mint | fresh lemon | soda

Pink Mint Gin and Tonic 55  
 Monin grapefruit | gin | mint leaves | tonic

Strawberry Daiquiri 55  
 Light rum | lime | strawberry liqueur | fresh strawberry juice

Watermelon Martini 55  
 Vodka | lime | triple sec | monin watermelon | salt and sugar rim

Strawberry and Cream Martini 55  
 Vodka | strawberry puree | fresh milk and cream shaken

Kir Royal 60  
 Crème de cassis | sparkling wine | cherries

Frozen Margarita 55  
 Tequila gold | triple sec | sweet and sour mix

Long Island Ice Tea 65  
 Vodka | gin | cane | rum | silver tequila | lime | coke

Clearly 60  
 Raspberry vodka | citroen vodka | triple sec | lime | lemonade

Frosty Mocha 35  
 Espresso | hot chocolate | vanilla ice cream | with a dash of cream and blended with ice

**IMPORTED BEERS**

Beck Non Alcoholic 25  
 Corona 30  
 Grolsch Crown Top 35  
 Guinness 45  
 Kilkeny 55  
 Peroni 30

# REFRESH

